

MARCH 2020

Sun

Mon




























Tue

Wed

Thu

Fri

Sat

<p>1 10:15 Exercise AR Noemi 2:00 Bingo AR 7:00 Evening Movie AR</p> 	<p>2 9:30 Bienvenidos Amigos 10:15 Endurance Class 2:00 Mind Benders AR 3:00 Spanish Club L 7:00 Evening Movie AR</p> 	<p>3 10:15 Strength AR Exercise Class 2:00 Silver Tones AR Music Performance 3:00 Pictionary AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>4 10:15 Dance Fitness AR 10:30 Trip Lobby 2:00 Basic Art Class With Avi L 2:00 Netflix Series AR 7:00 Evening Movie AR</p> 	<p>5 9:30 Bienvenidos Amigos 10:15 Balance Class AR 2:00 Discussion with Dr. Eve AR 3:00 Movie Request AR 7:00 Evening Movie AR</p> 	<p>6 10:15 Flexibility Exercise AR 2:00 Tai- Chi AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>7 10:00 Computer Class L 10:15 Sing Along's AR 11:00 Pet Therapy AR 2:00 Movie Matinee AR 2:00 Protestant Service 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>8 Daylight Savings Time 10:15 Exercise AR Noemi 2:00 Bingo AR 3:30 Netflix Series AR 7:00 Evening Movie AR</p> 	<p>9 PURIM 9:30 Bienvenidos Amigos 10:15 Endurance Class 2:00 Crafts Corner AR 3:00 Spanish Club L 7:00 Evening Movie AR</p> 	<p>10 9:30 Brain Quest AR 10:15 Strength AR Exercise Class 2:00 Outreach Singers 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>11 10:15 Dance Fitness AR 10:30 Trip Lobby 2:00 Basic Art Class With Avi L 2:00 Netflix Series AR 7:00 Evening Movie AR</p> 	<p>12 9:30 Mind Benders AR 10:15 Balance Class AR 2:00 Creative Writing AR 7:00 Evening Movie AR</p> 	<p>13 10:15 Flexibility Exercise AR 2:00 Reuben Wilsons Jazz Quartet AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>14 10:15 Zumba w/Frances AR 2:00 Variety Day N.Y. Cares AR 2:00 Jewish Service L 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>15 10:15 Exercise AR 2:00 Cherub Improv AR 3:00 Pet Therapy AR 3:30 Netflix Series AR</p> 	<p>16 9:30 Bienvenidos Amigos 10:15 Endurance Class 2:00 Knitt Witts AR 3:00 Spanish Club L 7:00 Evening Movie AR</p> 	<p>17 St. Patrick's Day 10:15 Strength AR Exercise Class 2:00 Music Performance 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>18 10:15 Dance Fitness AR 10:30 Trip Lobby 2:00 Birthday Party AR 7:00 Evening Movie AR</p> 	<p>19 9:30 Alexa Trivia Games 10:15 Balance Class AR 2:00 Social Café AR 3:30 Viewer's Choice AR 7:00 Evening Movie AR</p> <p>social time!</p>	<p>20 10:15 Flexibility Exercise AR 2:00 Tai- Chi AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>21 10:15 Exercise AR 11:00 Pet Therapy AR 2:00 Movie Matinee AR 2:00 Protestant Service 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>22 10:15 Exercise AR Noemi 2:00 Bingo AR 3:30 Netflix Series AR 7:00 Evening Movie AR</p> 	<p>23 9:30 Bienvenidos Amigos 10:15 Endurance Class 2:00 Therapy Discussion 3:00 Spanish Club L 7:00 Evening Movie AR</p> <p>THERAPY</p>	<p>24 9:30 Mind Teasers AR 10:15 Strength AR Exercise Class 2:00 Café Ice Cream Parlor AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>25 10:15 Dance Fitness AR 10:30 Trip Lobby 2:00 Basic Art Class With Avi L 2:00 Netflix Series AR 7:00 Evening Social AR</p> 	<p>26 9:30 Bienvenidos Amigos 10:15 Balance Class AR 2:00 Juilliard Music Performance AR 3:00 Movie Request AR 7:00 Evening Movie AR</p> <p>Juilliard</p>	<p>27 10:15 Flexibility Exercise AR 2:00 Musical Gems AR David Wynne 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>28 10:15 Sing Along's AR 11:00 Pet Therapy AR 2:00 Belly Dance Extravaganza AR 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>29 10:15 Exercise AR Noemi 2:00 Bingo AR 3:30 Netflix Series AR 7:00 Evening Movie AR</p> 	<p>30 9:30 Bienvenidos Amigos 10:15 Endurance Class 2:00 Food Committee AR 3:00 Spanish Club L 7:00 Evening Movie AR</p> <p>Food Services</p>	<p>31 9:30 Word Play AR 10:15 Strength AR Exercise Class 2:00 Resident Council 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>Recreation Director Nicole Picariello 212 - 534 - 6464 Ext. 5131 Recreation office is on level c</p>		<p>AR - ACTIVITY ROOM L - LIBRARY M - MEDITATION ROOM</p>	<p>ASK ALEXA FOR UPDATE TO DATE CALENDAR INFORMATION</p> 