



FEBRUARY 2020



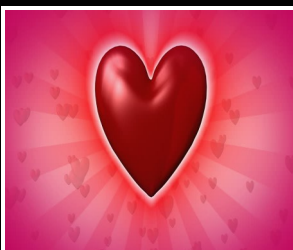
Sun Mon Tue Wed Thu Fri Sat

Recreation Director
Nicole Picariello
212 - 534 - 6464
Ext. 5131
Recreation office is on level c


AR - ACTIVITY ROOM


L - LIBRARY
M - MEDITATION ROOM

ASK ALEXA FOR UPDATE TO DATE CALENDAR INFORMATION



1
 10:15 Sing Along's AR
 11:00 Pet Therapy AR
 2:00 Love is in the Air w/ Catholic Charities
 2:00 Protestant Service
 3:00 Catholic Mass MR
 7:00 Evening Movie AR
Party!

2
 10:15 Exercise AR
 Noemi
 2:00 Bingo AR
 7:00 Evening Movie AR


3
 9:30 Word Jumble AR
 10:15 Endurance Class
 2:00 Creative Writing
 3:00 Spanish Club L
 7:00 Evening Movie AR


4
 9:30 Bienvenidos Amigos
 10:15 Strength AR
 Exercise Class
 2:00 Therapy Discussion
 4:00 Yoga AR
 7:00 Evening Movie AR
THERAPY


5
 10:15 Dance Fitness AR
 10:30 Trip Lobby
 2:00 Basic Art Class
 With Avi L
 2:30 Dementia Discussion AR
 7:00 Evening Movie AR
HOW TO DRAW


6
 9:30 Bienvenidos Amigos
 10:15 Balance Class AR
 2:00 Afternoon Tunes
 7:00 Evening Movie AR


7
 9:30
 10:15 Flexibility Exercise AR
 2:00 Tai- Chi AR
 4:00 Yoga AR
 7:00 Evening Movie AR


8
 10:00 Computer Class L
 10:15 Exercise AR
 2:00 Variety Day
 N.Y.Cares AR
 3:00 Catholic Mass MR
 7:00 Evening Movie AR
VARIETY


9
 10:15 Exercise AR
 Noemi
 2:00 Bingo AR
 7:00 Evening Movie AR


10
 9:30 Hollywood Trivia AR
 10:15 Endurance Class
 2:00 Food Carving
 With Winston AR
 3:00 Spanish Club L
 7:00 Evening Movie AR



11
 9:30 Bienvenidos Amigos
 10:15 Strength AR
 Exercise Class
 2:00 Outreach Singers
 4:00 Yoga AR
 7:00 Evening Movie AR


12
 10:15 Dance Fitness AR
 10:30 Trip Lobby
 2:00 Basic Art Class
 With Avi L
 2:00 Movie Matinee AR
 7:00 Evening Movie AR
HOW TO DRAW


13
 9:30 Bienvenidos Amigos
 10:15 Balance Class AR
 2:00 Ice Cream Social
 7:00 Evening Movie AR



14 VALENTINES
 10:15 Flexibility Exercise AR
 2:00 Reuben Wilson Jazz Quartet AR
 4:00 Yoga AR
 7:00 Evening Movie AR


15
 10:15 Exercise AR
 11:00 Pet Therapy AR
 2:00 Movie Matinee AR
 2:00 Protestant Service
 3:00 Catholic Mass MR
 7:00 Evening Movie AR


16
 10:15 Exercise AR
 2:00 Cherub Improv AR
 3:00 Pet Therapy AR


17 PRESIDENTS DAY
 9:30 Finish the Lyric AR
 10:15 Endurance Class
 2:00 Bingo AR
 7:00 Evening Movie AR


18
 9:30 Bienvenidos Amigos
 10:15 Strength AR
 Exercise Class
 2:00 Birthday Party AR
 3:00 Walker Clinic AR
 4:00 Yoga AR
 7:00 Evening Movie AR


19
 10:15 Dance Fitness AR
 10:30 Trip Lobby
 2:00 Danielle Hendrix AR
 2:00 Basic Art Class
 With Avi L
 7:00 Evening Movie AR


20
 9:30 Bienvenidos Amigos
 10:15 Balance Class AR
 2:00 Discussion with Dr. Eve AR
 7:00 Evening Movie AR
DISCUSSION

21
 9:30 Alexa Games AR
 10:15 Flexibility Exercise AR
 2:00 Tai- Chi AR
 4:00 Yoga AR
 7:00 Evening Movie AR


22
 10:15 Sing Along's AR
 11:00 Pet Therapy AR
 2:00 Jewish Service L
 2:00 Movie Matinee AR
 3:00 Catholic Mass MR
 7:00 Evening Movie AR


23
 10:15 Exercise AR
 Noemi
 2:00 Bingo AR
 7:00 Evening Movie AR


24
 9:30 Riddles AR
 10:15 Endurance Class
 2:00 Food Committee AR
 3:00 Spanish Club L
 7:00 Evening Movie AR
Food Services

25
 9:30 Bienvenidos Amigos
 10:15 Strength AR
 Exercise Class
 2:00 Resident Council AR
 4:00 Yoga AR
 7:00 Evening Movie AR


26 ASH WEDNESDAY
 10:15 Dance Fitness AR
 10:30 Trip Lobby
 2:00 Danielle Hendrix AR
 2:00 Basic Art Class
 With Avi L
 7:00 Evening Movie AR


27
 9:30 Bienvenidos Amigos
 10:15 Balance Class AR
 2:00 Julliard Music Performance AR
 7:00 Evening Movie AR


28
 10:15 Flexibility Exercise AR
 2:00 Chamber Music Steve Poppel AR
 4:00 Yoga AR
 7:00 Evening Movie AR


29
 10:15 Exercise AR
 11:00 Pet Therapy AR
 2:00 Art Expo AR
 3:00 Catholic Mass MR
 7:00 Evening Movie AR
