



December 2019



Sun Mon Tue Wed Thu Fri Sat

AR - ACTIVITY ROOM L - LIBRARY M - MEDITATION ROOM	Recreation Director Nicole Picariello 212 - 534 - 6464 Ext. 5131 Recreation office on level c	ASK ALEXA FOR UPDATE TO DATE CALENDAR INFORMATION	HAIR SALON EVERY THURSDAY ON LEVEL C <i>Hair Stylist</i> 	NAIL SALON EVERY OTHER WEDNESDAY ON LEVEL C 		
1 10:15 Exercise AR Noemi 1:30 St. Ignatius AR Christmas Sing Along's 7:00 Evening Movie AR 	2 9:30 Neighbors in Conversation AR 10:15 Body Fusion Fitness Class AR 2:00 Lime Lighters Performance AR 3:00 Spanish Club L 	3 9:30 Morning Update AR 10:15 Body Balance AR 2:00 Tree Trimming Lobby 4:00 Yoga AR 7:00 Evening Movie AR 	4 10:15 Super Seniors Exercise Class AR 10:30 Trip Lobby 2:00 Vision Board AR 3:30 Netflix Series AR 7:00 Evening Movie AR 	5 9:30 Finish the phrase 10:15 Body Sculpting AR 2:00 Discussion Group With Dr. Eve AR 7:00 Evening Movie AR 	6 9:30 Basic Art With Avi L 10:15 Stretch It AR 2:00 Tai-Chi AR 2:00 Basic Art w/ Avi L 4:00 Yoga AR 7:00 Evening Movie AR 	7 10:00 Computer Class L 10:15 Sing Along's AR 11:00 Pet Therapy AR 2:00 Movie Matinee AR 2:00 Protestant Service 3:00 Catholic Mass MR 
8 10:15 Exercise AR Noemi 2:00 Bingo AR 7:00 Evening Movie AR 	9 9:30 Wheel of Fortune 10:15 Fusion Body Fitness Class AR 2:00 Therapy Discussion AR 3:00 Spanish Club L 7:00 Evening Movie AR 	10 9:30 Brain Games AR 10:15 Body Balance AR 2:00 Outreach Singers 4:00 Yoga AR 6:00 Christmas Party DR 7:00 Evening Movie AR 	11 10:00 Salvation Army AR 10:30 Trip Lobby 2:00 Danielle Hendrix 4:00 Yoga AR 7:00 Evening Movie AR 	12 9:30 Ball Toss AR 10:15 Body Sculpting AR 2:00 Bingo AR 2:00 Basic Drawing Class with Avi L 7:00 Evening Movie AR 	13 9:30 Can You Name 5 10:15 Sculpt Fitness AR 2:00 Reuben Wilson Jazz Quartet AR 4:00 Yoga AR 7:00 Evening Movie AR 	14 10:15 Zumba w/Frances AR 2:00 Cathedral Music Performance AR 3:00 Catholic Mass MR 7:00 Evening Movie AR 
15 10:15 Exercise AR Noemi 2:00 Cherub Improv AR 7:00 Evening Movie AR 	16 9:30 Alexa Trivia Games 10:15 Body Fusion Fitness Class AR 2:00 Birthday Party AR 3:00 Walker Clinic AR 	17 9:30 Charades AR 10:15 Body Balance AR 2:00 Resident Council AR 4:00 Yoga AR 7:00 Evening Movie AR 	18 10:15 Super Seniors Exercise Class AR 10:30 Trip Lobby 2:00 Danielle Hendrix 4:00 Yoga AR 7:00 Evening Movie AR 	19 9:30 Brain Games AR 10:15 Body Sculpting AR 2:00 Gift Giving AR 7:00 Evening Movie AR 	20 9:30 Basic Art With Avi L 10:15 Sculpt Fitness 2:00 Tai-Chi AR 2:00 Basic Art w/ Avi L 4:00 Yoga AR 7:00 Evening Movie AR 	21 10:15 Exercise AR 11:00 Pet Therapy AR 2:00 Movie Matinee AR 3:00 Catholic Mass MR 7:00 Evening Movie AR 
22 HANUKKAH 10:15 Exercise AR 2:00 Bingo AR 7:00 Evenina Movie AR  29 10:15 Exercise AR 2:00 Bingo AR 7:00 Evening Movie AR	23 10:15 Body Fusion Fitness Class AR 2:00 Food Committee AR 7:00 Evening Movie AR 30 10:15 Body Fusion 2:00 Price is Right AR 3:00 Movie Request AR	24 CHRISTMAS EVE 10:15 Body Balance AR 2:00 Christmas Social 31 10:15 Body Balance 2:00 New Year's Eve Music Performance	25 CHRISTMAS 10:15 Christmas Parade AR 11:15-1:30pm Christmas Luncheon Dining Room 2:00 "A Christmas Story" 	26 Kwanza 10:15 Body Sculpting AR 2:00 Music with David Wynne AR 7:00 Evening Movie AR 	27 10:15 Sculpt Fitness AR 2:00 Afternoon Movie A 2:00 Basic Art w/ Avi L 4:00 Yoga AR 7:00 Evening Movie AR 	28 10:15 Exercise AR Nikkah 2:00 Hanukkah Service L 2:00 Protestant Service 3:00 Catholic Mass MR 