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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Recreation Director Nicole Picariello 212 - 534 - 6464 Ext. 5131 Recreation office is on level c</p>	<p>AR - ACTIVITY ROOM</p> <p>L - LIBRARY</p> <p>M - MEDITATION ROOM</p>	<p>ASK ALEXA FOR UPDATE TO DATE CALENDAR INFORMATION</p>	<p>TRIPS EVERY WEDNESDAY</p> 		<p>1 ALL SAINTS DAY</p> <p>9:30 Hangman AR 10:15 Sculpt Fitness AR 2:00 Activities Meeting 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>2</p> <p>10:15 Exercise AR 11:00 Pet Therapy AR 2:00 Movie Matine AR 2:00 Protestant Service 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>3 DAYLIGHT SAVINGS TIME</p> <p>10:15 Exercise AR Noemi 2:00 Bingo AR 7:00 Evening Movie AR</p> 	<p>4</p> <p>9:30 Charades AR 10:15 Body Fusion Fitness Class AR 2:00 Musical Memories With Sydney & Brian 3:00 Spanish Club L Noemi 7:00 Evening Movie AR</p>	<p>5</p> <p>9:30 Morning Wakeup AR 10:15 Body Balance AR 2:00 New Music Performer Bibi Farber AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>6</p> <p>10:15 Super Seniors Exercise Class AR 10:30 Trip Lobby 2:00 Classical Music Performance AR 7:00 Evening Movie AR</p> 	<p>7</p> <p>9:30 Can You Name 5 AR 10:00 Basic Drawing Class With Avi L 10:15 Body Sculpting AR 2:00 Dr. Eve Discussion Group AR 7:00 Evening Movie AR</p> 	<p>8</p> <p>9:30 Horoscopes & Weather AR 10:15 Scult Fitness AR 2:00 Reuben Wilson Jazz Quartet AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>9</p> <p>10:15 Zumba Class AR 11:00 Pet Therapy AR 2:00 N.Y.Cares AR Variety Day 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>10</p> <p>10:15 Exercise AR Noemi 2:00 Bingo AR 7:00 Evening Movie AR</p> 	<p>11 Veterans Day</p> <p>9:30 Ball Toss AR 10:15 Body Fusion Fitness AR 2:00 Vision Board Workshop AR 3:00 Spanish Club L Noemi 7:00 Evening Movie AR</p>	<p>12</p> <p>9:30 Brain Games AR 10:15 Body Balance AR 2:00 Outreach Singers 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>13</p> <p>10:15 Super Seniors Exercise Class AR 10:30 Trip Lobby 2:00 Music with Dennis Karr AR 7:00 Evening Movie AR</p> 	<p>14</p> <p>9:30 Brain Games AR 10:00 Basic Drawing Class With Avi L 10:15 Body Sculpting AR 2:00 Birthday Party AR 3:00 Walker Clinic AR 7:00 Evening Movie AR</p> 	<p>15</p> <p>9:30 Can You Name 5 10:15 Scult Fitness AR 2:00 Tai-Chi AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>16</p> <p>10:00 Computer Class L 10:15 Exercise AR 11:00 Pet Therapy AR 2:00 92 street Music Performance AR 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>17</p> <p>10:15 Exercise AR 2:00 Cherub Improv AR 3:00 Pet Therapy AR 7:00 Evening Movie AR</p> 	<p>18</p> <p>9:30 Jumble Jumble AR 10:15 Body Fusion Fitness Class AR 2:00 Therapy Discussion 3:00 Spanish Club L Noemi 7:00 Evening Movie AR</p>	<p>19</p> <p>9:30 Ring Toss/ Darts 10:15 Body Balance AR 2:00 Let's Give Thanks Together Social AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>20</p> <p>10:15 Super Seniors Exercise Class AR 2:00 Danielle Hendrix's Greatest Hits AR 3:00 Current Events With Clifford AR 7:00 Evening Movie AR</p> 	<p>21</p> <p>9:30 Thanksgiving Blessings 10:15 Body Sculpting AR 2:00 Opera Music Performance AR 7:00 Evening Movie AR</p> 	<p>22</p> <p>9:30 Complete the Phrase AR 10:15 Scult Fitness AR 2:00 Tai-Chi AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>23</p> <p>10:15 Exercise AR 2:00 Movie Matinee AR 2:00 Protestant Service 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>24</p> <p>10:15 Exercise AR Noemi 2:00 Bingo AR 7:00 Evening Movie AR</p> 	<p>25</p> <p>9:30 Daily Chronicle & News AR 10:15 Body Fusion Fitness Class AR 2:00 Food Committee AR</p> 	<p>26</p> <p>9:30 Pictionary AR 10:15 Body Balance AR 2:00 Resident Council AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>27</p> <p>10:15 Super Seniors Exercise Class AR 2:00 Danielle Hendrix's Greatest Hits AR 3:00 Current Events With Clifford AR 7:00 Evening Movie AR</p> 	<p>28 THANKSGIVING</p> <p>10:15 Thanksgiving Parade AR 11:15am-1:30pm Thanksgiving Day Luncheon 7:00 Evening Movie AR</p> 	<p>29</p> <p>10:15 Scult Fitness AR 2:00 Musical Gems with David Wynne AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>30</p> <p>10:15 Exercise AR Nikkie 2:00 Belly Dancers AR 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 