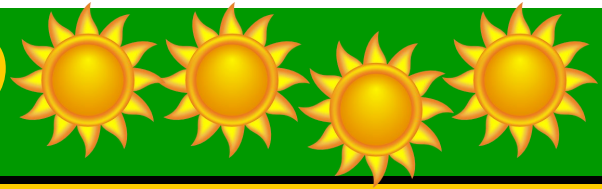


JUNE 2019




Sun Mon Tue Wed Thu Fri Sat

AR - ACTIVITY ROOM
L - LIBRARY
M - MEDITATION ROOM

Recreation Director
Nicole Picariello
212 - 534 - 6464
Ext. 5131



HAIR SALON EVERY THURSDAY ON LEVEL C




TRIPS EVERY WEDNESDAY




1
10:00 Walk w/ N.Y. Cares Lobby
10:15 Exercise AR
11:00 Pet Therapy AR
2:00 Catholic Charities Dance Off AR
3:00 Catholic Mass MR




2
10:15 Exercise AR
Noemi
2:00 Bingo AR
7:00 Evening Movie AR



3
9:30 Current Events AR
10:15 Body Fusion AR
1:00 Game day with - 3:00 N.Y. Cares
7:00 Evening Movie AR




4
10:15 Body Balance AR
2:00 Happy Hour AR
3:00 Piano Tunes w/ Larry AR
4:00 Yoga AR
7:00 Evening Movie AR



5
10:15 Super Seniors Exercise Class AR
10:30 Trip Lobby
2:00 Netflix Series AR
2:00 Afternoon Stroll With Nikkie Lobby
7:00 Evening Movie AR




6
9:30 Charades AR
10:15 Body Sculpting AR
1:30 Rosary MR
2:00 Discussion Group Dr. Eve AR
7:00 Evening Movie AR




7
9:30 Ball Toss AR
10:15 Sculpt Fitness AR
2:00 Tai-Chi AR
2:00 Creative Art L
4:00 Yoga AR
7:00 Evening Movie AR



8
10:15 Zumba w/Frances AR
2:00 N.Y Variety Day AR
2:00 Protestant Service
3:00 Catholic Mass MR
7:00 Evening Movie AR



9
10:15 Exercise AR
Noemi
2:00 Bingo AR
7:00 Evening Movie AR



10
9:30 Ball Toss AR
10:15 Body Fusion AR
2:00 Healthy snack Garden
2:00 Afternoon Movie
7:00 Evening Movie AR



11
10:15 Body Balance AR
2:00 Outreach Singers AR
3:00 Spanish Club L
4:00 Yoga AR
7:00 Evening Movie AR



12
9:30 Wake up & Stretch
10:30 Trip Lobby
10:15 Super Seniors Exercise Class AR
2:00 Netflix Series
2:00 Afternoon Stroll With Nikkie Lobby
7:00 Evening Movie AR


13
9:30 Games Galore AR
10:15 Body Sculpting AR
1:30 Rosary MR
2:00 Ice Cream Sundaes Garden
7:00 Evening Movie AR



14 Crazy Hat Day
9:30 Hangman AR
10:00 Board of Elections
10:15 Sculpt Fitness AR
2:00 Jam Session AR
3:00 Crazy Hat Contest
4:00 Yoga AR
7:00 Evening Movie AR



15
10:15 Exercise Nikkie AR
11:00 Pet Therapy AR
2:00 Afternoon Movie
3:00 Catholic Mass MR
7:00 Evening Movie AR



16 FATHER'S DAY
10:15 Exercise AR
2:00 Music Performance
3:00 Pet Therapy AR
7:00 Evening Movie AR




17
9:30 Current Events AR
10:15 Body Fusion AR
2:00 Therapy Discussion
3:00 Movie Request AR
Noemi
7:00 Evening Movie AR



18
10:15 Body Balance AR
2:00 Bingo AR
3:00 Spanish Club L
4:00 Yoga AR
7:00 Evening Social AR



19
10:15 Super Seniors Exercise Class AR
10:30 Trip Lobby
2:00 Danielle Hendrix AR
2:00 Creative Art Class L
Sculpture w/ Air Clay
7:00 Evening Movie AR




20 Summer Begins
9:30 Charades AR
10:15 Body Sculpting AR
1:30 Rosary MR
2:00 Movie Matinee AR
2:00 Summer Carnival Garden



21
9:30 Ball Toss AR
10:15 Sculpt Fitness AR
2:00 Chamber Music Performance AR
7:00 Evening Movie AR



22
10:15 Exercise Nikkie AR
2:00 Afternoon Movie AR
2:00 Protestant Service
3:00 Catholic Mass MR
7:00 Evening Movie AR



23
10:15 Exercise AR
Noemi
2:00 Cherub Improv AR
3:00 Pet Therapy AR

30
10:15 Exercise AR
2:00 Bingo AR

24
9:30 Ball Toss AR
10:15 Body Fusion AR
2:00 Food Committee AR
7:00 Evening Movie AR



25
10:15 Body Balance AR
2:00 Resident Council AR
3:00 Spanish Club L
4:00 Yoga AR
7:00 Evening Movie AR



26
9:30 Wake up & Stretch
10:15 Super Seniors Exercise Class AR
10:30 Trip Lobby
2:00 Danielle Hendrix AR
2:00 Creative Art Class Sculpture w/ Air Clay L

27
9:30 Games Galore AR
10:15 Body Sculpting AR
1:30 Rosary MR
2:00 Birthday Party AR
7:00 Evening Movie AR

Happy Birthday!



28
9:30 Hangman AR
10:15 Sculpt Fitness AR
2:00 Tai-Chi AR
2:00 Creative Art L
4:00 Yoga AR
7:00 Evening Movie AR



29
10:15 Exercise Nikkie AR
11:00 Pet Therapy AR
2:00 Afternoon Movie
3:00 Catholic Mass MR
7:00 Evening Movie AR

