

MAY 2019

Sun Mon Tue Wed Thu Fri Sat



AR - ACTIVITY ROOM
L - LIBRARY

M - MEDITATION ROOM



1
10:15 Super Seniors Exercise Class L
10:30 Sweet Readers AR
2:00 Afternoon Stroll Nikkie Lobby
2:00 Movie AR
7:00 Evening Movie AR


2
9:30 Let's make a deal
10:15 Body Sculpting AR
2:00 Discussion Group With Dr. Eve AR
2:00 Creative Art Class
7:00 Evening Movie AR

DISCUSSION


3
9:30 Horoscopes & Weather AR
10:15 Stretch It AR
11:00 Morning Stroll
2:00 Tai- Chi AR
4:00 Yoga AR
7:00 Evening Movie AR

Tai Chi


4
10:15 Exercise AR
11:00 Pet Therapy AR
2:00 Movie Matinee AR
2:00 Protestant Service
3:00 Catholic Mass MR
7:00 Evening Movie AR



5 Cinco de Mayo
10:15 Exercise AR
 Noemi
2:00 Cinco De Mayo AR
 Celebration AR
3:00 Shaaray Tefila AR



6
9:30 Ball Toss AR
10:15 Body Fusion Fitness Class AR
11:00 Morning Stroll
2:00 Meditation Circle
3:00 Movie Request AR




7
10:15 Body Balance AR
11:00 Morning Stroll
2:00 Activities Meeting
4:00 Yoga AR
7:00 Evening Movie AR

Recreation


8
10:15 Super Seniors Exercise Class AR
10:30 Sweet Readers AR
2:00 These Lips' AR
 are made for talking
7:00 Evening Movie AR

SPEECH

9
10:15 Body Sculpting AR
2:00 Sock Hop Party AR
7:00 Evening Movie AR



10
9:30 Jumbo Jumble AR
10:15 Stretch It AR
11:00 Morning Stroll
2:00 Movie Matinee AR
2:00 Creative Art Class
7:00 Evening Movie AR




11
10:15 Zumba w/Frances AR
2:00 Gardening N.Y. Cares Garden
2:00 Movie Matinee AR
3:00 Catholic Mass MR
7:00 Evening Movie AR

12 Mother's Day
10:15 Exercise AR
2:00 Music Performance
7:00 Evening Movie AR




13
9:30 Jumbo Jumble AR
10:15 Body Fusion Fitness Class AR
11:00 Morning Stroll
2:00 Bingo AR
7:00 Evening Movie AR




14
9:30 Finish the phrase
10:15 Body Balance AR
11:00 Morning Stroll
2:00 Outreach Singers
4:00 Yoga AR
7:00 Evening Movie AR



15
10:15 Super Seniors Exercise Class AR
10:30 Sweet Readers AR
2:00 Danielle Hendrix's Greatest Hits AR
7:00 Evening Movie AR



16
10:15 Body Sculpting AR
2:00 Karaoke AR
7:00 Evening Movie AR



17
9:30 News Flash AR
10:15 Stretch It AR
11:00 Morning Stroll
2:00 Tai- Chi AR
4:00 Yoga AR
7:00 Evening Movie AR

Tai Chi

18
10:00 Walk w N.Y. Cares Lobby
10:15 Exercise AR
11:00 Pet Therapy AR
2:00 Movie Matinee AR
2:00 Protestant Service
3:00 Catholic Mass MR

19
10:15 Exercise AR
2:00 Cherub Improv AR
3:00 Pet Therapy AR
7:00 Evening Movie AR




Cherub Improv

20
9:30 Ball Toss AR
10:15 Body Fusion Fitness Class AR
2:00 Therapy Discussion AR
7:00 Evening Movie AR

Therapy

21
9:30 Brain Games AR
10:15 Body Balance AR
11:00 Morning Stroll
2:00 Bingo AR
4:00 Yoga AR
7:00 Evening Movie AR


22
10:15 Super Seniors Exercise Class L
10:30 Sweet Readers AR
2:00 Danielle Hendrix's Greatest Hits AR
2:00 Creative Art Class
7:00 Evening Movie AR

23
9:30 Pictionary AR
10:15 Body Sculpting AR
2:00 The Guitar Den AR
7:00 Evening Movie AR

24
9:30 Jumbo Jumble AR
11:00 Morning Stroll
10:15 Stretch it AR
2:00 Dancing Drum Performance AR
4:00 Yoga AR
7:00 Evening Movie AR

25
10:15 Exercise AR
 Nikkie
2:00 Movie Matinee AR
3:00 Catholic Mass MR




26
10:15 Exercise AR
 Noemi
2:00 Bingo AR
7:00 Evening Movie AR



27 Memorial Day
9:30 Hangman AR
10:15 Body Fusion Fitness Class AR
2:00 Music Performance
7:00 Evening Movie AR

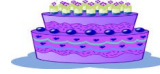


28
10:15 Body Balance AR
2:00 Resident Council AR
3:00 Spanish Club L
4:00 Yoga AR
7:00 Evening Movie AR



29
10:15 Super Seniors Exercise Class L
10:30 Sweet Readers AR
11:00 Morning Stroll
2:00 Limelighters Performance AR
7:00 Evening Movie AR

30
9:30 Guess Who? AR
10:15 Body Sculpting AR
2:00 Birthday Party AR
7:00 Evening Movie AR



31
10:15 Stretch It AR
11:00 Morning Stroll
2:00 Pictionary AR
4:00 Yoga AR
7:00 Evening Movie AR

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