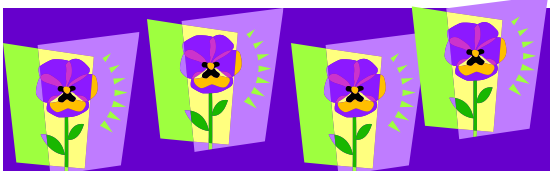







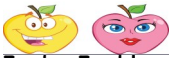























APRIL 2019



Sun Mon Tue Wed Thu Fri Sat

<p>Recreation Director Nicole Picariello 212 - 534 - 6464 Ext. 5131 Recreation office is on level c</p>	<p>1 April Fools 9:30 Mind Aerobics AR 10:15 Body Fusion Fitness Class AR 2:00 Ridiculous Riddles 3:00 Spanish Club L 7:00 Evening Movie AR</p> 	<p>2 10:15 Body Balance AR 2:00 Golden Years Celebration AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>3 10:15 Super Seniors Exercise Class L 10:30 Sweet Readers AR 2:00 Afternoon Stroll 3:00 Netflix Series AR 7:00 Evening Movie AR</p> 	<p>4 10:15 Body Sculpting AR 2:00 Discussion Group With Dr. Eve AR 7:00 Evening Movie AR</p> 	<p>5 9:30 Horoscopes & Weather AR 10:15 Sculpt Fitness AR 2:00 Tai- Chi AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>6 10:15 Exercise AR Nikkie 2:00 Cathedral Music Performance AR 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>7 10:15 Exercise AR Noemi 2:00 Bingo AR 7:00 Evening Movie AR</p> 	<p>8 9:30 Jumbo Jumble AR 10:15 Body Fusion Fitness Class AR 2:00 Healthy Snack AR 3:00 Spanish Club L 7:00 Evening Movie AR</p> 	<p>9 10:15 Body Balance AR 2:00 Outreach Singers 3:00 Piano Tunes w/ Larry AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>10 10:15 Super Seniors Exercise Class L 10:30 Sweet Readers AR 2:00 Night & Gale AR Music Performance 3:00 Netflix Series AR 7:00 Evening Movie AR</p>	<p>11 10:15 Body Sculpting AR 2:00 Bingo L 2:00 Flea Market AR 7:00 Evening Movie AR</p> 	<p>12 9:30 Can You Name 5 10:15 Sculpt Fitness AR 2:00 Reuben Wilson Jazz Quartet AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>13 10:15 Zumba Class AR 11:00 Pet Therapy AR 2:00 N.Y. Cares AR 2:00 Protestant Service 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>14 PALM SUNDAY 10:15 Exercise AR Noemi 2:00 Bingo AR 7:00 Evening Movie AR</p> 	<p>15 9:30 Brain Games AR 10:15 Body Fusion Fitness Class AR 2:00 Easter Egg Painting AR 3:00 Spanish Club L 7:00 Evening Movie AR</p> 	<p>16 10:15 Body Balance AR 2:00 Dancing Drum AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>17 10:15 Super Seniors Exercise Class AR 2:00 Afternoon Stroll 2:00 Danielle Hendrix 3:00 Netflix Series AR 7:00 Evening Movie AR</p> 	<p>18 10:15 Body Sculpting AR 2:00 Ice cream Floats AR 7:00 Evening Movie AR</p> 	<p>19 Passover 9:30 Watch me Bloom Gardening Garden 2:00 Tai- Chi AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>20 10:15 Exercise AR 10:15 Computer class L 2:00 Afternoon Movie AR 2:00 Jewish service L 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>21 EASTER 10:15 Exercise AR Noemi 2:00 Music Performance 7:00 Evening Movie AR</p> 	<p>22 9:30 Mind Aerobics AR 10:15 Body Fusion Fitness Class AR 2:00 Therapy Discussion 3:00 Spanish Club L 7:00 Evening Movie AR</p> 	<p>23 10:15 Body Balance AR 2:00 Birthday Party AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>24 10:15 Super Seniors Exercise Class L 10:30 Sweet Readers AR 2:00 Danielle Hendrix AR 3:00 Netflix Series AR 7:00 Evening Movie AR</p> 	<p>25 10:15 Body Sculpting AR 2:00 Vista Lottery AR 7:00 Evening Movie AR</p> 	<p>26 9:30 Can You Name 5 AR 10:15 Sculpt Fitness AR 2:00 Art Show AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>27 10:15 Exercise AR 2:00 Afternoon Movie AR 2:00 Protestant Service 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>28 10:15 Exercise AR Noemi 2:00 Cherub Improv AR 3:00 Pet Therapy AR</p> 	<p>29 10:15 Body Fusion Fitness Class AR 2:00 Bingo AR 3:00 Spanish Club L 7:00 Evening Movie AR</p> 	<p>30 10:15 Body Balance AR 2:00 Resident Council AR 4:00 Yoga AR 7:00 Evening Movie AR</p> 	<p>AR - ACTIVITY ROOM L - LIBRARY M - MEDITATION ROOM</p>	<p>ASK ALEXA FOR UPDATE TO DATE CALENDAR INFORMATION</p>	<p>Happy Easter</p> 