























October 2018



Sun Mon Tue Wed Thu Fri Sat

<p>Recreation Director Nicole Picariello</p> <p>212-534-6464 ext.5131</p>	<p>1 9:30 Current Events AR 10:15 Body Blast AR 2:00 Karaoke AR 3:00 Spanish Class L 3:00 Movie Request AR 7:00 Evening Movie AR</p> 	<p>2 10:15 Define Gravity 2:00 Dr. Eve Discussion 3:00 Piano Tunes AR w/ Larry 3:00 Spanish Club L 7:00 Evening Movie AR</p> <p>Group Discussion</p>	<p>3 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Afternoon Series 2:00 Computer Class 4:00 Yoga AR 7:00 Evening Movie AR</p>	<p>4 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Bingo AR 2:00 Abstract Art Class 7:00 Evening Movie AR</p> 	<p>5 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Tai- Chi AR 7:00 Evening Movie AR</p> 	<p>6 10:15 Exercise AR 11:00 Pet Therapy AR 2:00 Movie Matinee AR 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>7 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 7:00 Evening Movie AR</p> 	<p>8 Columbus Day 9:30 Ball Toss AR 10:15 Body Blast AR 2:00 Sing Along with Dan AR 3:00 Spanish Class L Alice 7:00 Evening Movie AR</p> 	<p>9 10:15 Define Gravity 2:00 Outreach Singers 3:00 Spanish Club L 7:00 Evening Movie AR</p> 	<p>10 9:30 Ball Toss AR 10:00 Abstract Art L 10:15 Body Flow AR 2:00 Netflix Series 2:00 Drama Club L 4:00 Yoga AR 7:00 Evening Movie AR</p>	<p>11 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Table Games AR 7:00 Evening Movie AR</p> 	<p>12 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Reuben Wilson Jazz Quartet AR 2:00 Book Club L 7:00 Evening Movie AR</p>	<p>13 10:15 Zumba w/Frances AR 2:00 N.Y. Cares AR Variety Day 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>14 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 7:00 Evening Movie AR</p> 	<p>15 9:30 Current Events AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Therapy Discussion 7:00 Evening Movie AR</p> <p>PHYSICAL THERAPY</p>	<p>16 10:15 Define Gravity 2:00 Meditation Circle 3:00 Movie Request AR 7:00 Evening Movie AR</p> <p>MEDITATION</p>	<p>17 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Drama Club L 2:00 Danielle Hendrix 4:00 Yoga AR 7:00 Evening Movie AR</p>	<p>18 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Ice Cream Social 7:00 Evening Movie AR</p> 	<p>19 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Tai- Chi AR 7:00 Evening Movie AR</p> 	<p>20 10:15 Exercise AR 11:00 Pet Therapy AR 2:00 Movie Matinee AR 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>21 9:45 Communion MR 10:15 Exercise AR 2:00 Cherub Improv AR 3:00 Pet Therapy AR 7:00 Evening Movie AR</p> <p>Cherub Improv</p>	<p>22 9:30 Ball Toss AR 10:15 Body Blast AR 2:00 Arts & Crafts AR 3:00 Spanish Class L 7:00 Evening Movie AR</p> 	<p>23 10:15 Define Gravity 2:00 Resident Council Meeting AR 3:00 Spanish Club L 7:00 Evening Movie AR</p> 	<p>24 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Drama Club L 2:00 Danielle Hendrix 4:00 Yoga AR 7:00 Evening Movie AR</p>	<p>25 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Salsa Lessons AR with Ike 7:00 Evening Movie AR</p> 	<p>26 9:30 Ball Toss AR 10:15 Stretch It AR 2:00 Alive and Kicki Music Performance AR 7:00 Evening Movie AR</p> 	<p>27 10:15 Exercise AR 2:00 Movie Matinee AR 3:00 Catholic Mass MR 7:00 Evening Movie AR</p> 
<p>28 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 7:00 Evening Movie AR</p> 	<p>29 9:30 Ball Toss AR 10:15 Body Blast AR 1:30 Food Committee DR 2:00 Price is Right AR 7:00 Evening Movie AR</p> <p>the Price is Right</p>	<p>30 10:15 Define Gravity AR 2:00 Birthday Party AR 7:00 Evening Movie AR</p> 	<p>31 Halloween 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Monster Mash AR 7:00 Evening Movie AR</p> 	<p>TRIPS EVERY WEDNESDAY</p> 	<p>ASK ALEXA FOR UPDATE TO DATE CALENDAR INFORMATION</p>	<p>AR- ACTIVITY ROOM MR -MEDITATION ROOM L - LIBRARY</p> 