

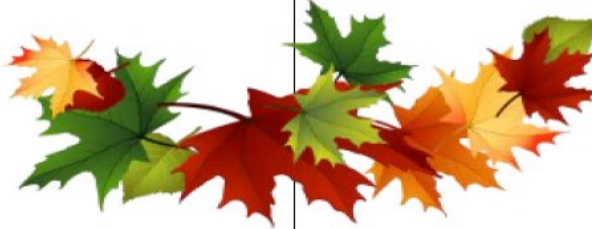
























# SEPTEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>AR - ACTIVITY ROOM</b> <b>L - LIBRARY</b> <b>M - MEDITATION ROOM</b>	<b>ASK ALEXA FOR UPDATE TO DATE CALENDAR INFORMATION</b>	<b>HAIR SALON EVERY THURSDAY ON LEVEL C</b> 	<b>NAIL SALON EVERY OTHER WEDNESDAY ON LEVEL C</b> 			1 10:00 Walk w/ N.Y Cares 10:15 Exercise AR 2:00 Movie Matinee AR 3:00 Catholic Mass MR 
2 9:45 Communion MR 10:15 Movie Matinee AR 2:00 Movie Matinee AR 	<b>3 LABOR DAY</b> 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Music Performance 	4 10:15 Define Gravity 2:00 Meditation Circle 3:00 Piano Tunes w/ Larry AR 3:00 Spanish Club L 	5 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Alive & Kicking AR Music Performance 4:00 Yoga AR 	6 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Activities Meeting 	7 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Tai- Chi AR 4:00 Yoga AR 	8 10:15 Zumba w/Frances AR 2:00 N.Y.Cares AR Variety Day 2:00 Chess Club L 3:00 Catholic Mass MR 
<b>9 GRANDPARENTS DAY</b> 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Grandparents Day Celebration AR 	<b>10 ROSH HASHANAH</b> 9:30 Current Events AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Meditation Circle 2:30 Jewish Service L	11 10:15 Define Gravity 2:00 Outreach Singers 3:00 Spanish Club L 	12 10:00 Bard Elections L 10:15 Body Flow AR 2:00 Netflix Series AR 2:00 Afternoon Stroll Noemi 4:00 Yoga AR <b>Stroll</b>	13 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Bingo AR 	14 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Reuben Wilson Jazz Quartet AR 2:00 Book Club L	15 10:15 Exercise AR 11:00 Pet Therapy AR 2:00 Movie Matinee AR 3:00 Catholic Mass MR 
16 9:45 Communion MR 10:15 Exercise AR 2:00 Cherub Improv AR 3:00 Pet Therapy AR 	17 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Therapy Discussion 3:00 Spanish Class L <b>PHYSICAL THERAPY</b>	<b>18 Yom Kippur Begins</b> 10:15 Define Gravity 2:00 Dr. Eve Preston Discussion AR 3:00 Spanish Club L <b>Group Discussion</b>	19 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Yom Kippur L 2:00 Danielle Hendrix 4:00 Yoga AR 	20 10:15 DM'S Body Pump 1:30 Rosary AR 2:00 Park Café AR 	21 10:00 Game Day AR 10:15 Stretch It L 11:00 Get To Know Your Body AR 2:00 Tai- Chi AR 4:00 Yoga AR 	<b>22 FALL BEGINS</b> 10:15 Exercise AR Nikkie 2:00 Spelling Bee AR 2:00 Chess Club L 3:00 Catholic Mass MR 
23 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR	24 9:30 Ball Toss AR 10:15 Exercise AR 1:00 Food Committee DR 2:00 Piano Recital AR 3:00 Spanish Class L 	25 10:15 Exercise AR 2:00 Resident Council Meeting AR 3:00 Spanish Club L 	26 9:30 Ball Toss AR 10:15 Exercise AR 2:00 Drama Club L 2:00 Danielle Hendrix AR 4:00 Yoga AR <b>Drama Club</b>	27 10:00 Bible Distribution 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Birthday Party AR 	28 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Classical Music Performance AR 	29 10:15 Exercise AR 2:00 Movie Matinee AR 2:00 Welcome to your New Home L 3:00 Catholic Mass MR 
30 9:45 Communion MR 10:15 Exercise AR 2:00 Bingo AR						