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Sun	Mon	Tue	Wed 	Thu	Fri	Sat
1 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 	2 9:30 Ball Toss AR 10:15 Exercise AR 2:00 Karaoke AR 3:00 Movie Request AR 	3 10:15 Exercise AR 2:00 Table Games AR 3:00 Piano Tunes AR w/ Larry 	4 Independence Day 10:15 Exercise AR 2:00 Ice Cream Social 4:00 Yoga AR 	5 10:15 Exercise AR 1:30 Rosary MR 2:00 Music w/ David Wynne AR 	6 9:30 Ball Toss AR 10:15 Exercise AR 2:00 Tai-Chi AR 4:00 Yoga AR 	7 10:00 Walk w/ N.Y Cares Lobby 10:15 Exercise AR 11:00 Pet Therapy AR 2:00 Afternoon Movie 3:00 Catholic Mass MR
8 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 	9 9:30 Current Events AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Meditation Circle AR 	10 10:15 Define Gravity AR 2:00 Outreach Singers 2:00 Abstract Art Class 	11 10:15 Body Flow AR 2:00 Safety Tips With Officer Peter Gibbons AR 4:00 Yoga AR 	12 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Music Performance Hendrik & Devonne 2:30 Training Session With Alexa AR 	13 9:30 Ball Toss AR 10:15 Stretch It AR 2:00 Reuben Wilson Jazz Quartet AR 3:00 Book Club L 	14 10:15 Zumba w/Frances AR 2:00 Variety Day N.Y Cares AR 3:00 Catholic Mass MR 
15 9:45 Communion MR 10:15 Exercise AR 2:00 Cherub Improv AR 3:00 Pet Therapy AR 	16 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Therapy Discussion Noemi 3:00 Movie Request AR	17 10:15 Define Gravity AR 2:00 Dr. Eye Discussion Group AR 3:00 Spanish Club L 	18 10:15 Body Flow AR 2:00 Danielle Hendrix AR Greatest Hits 2:00 Create your own Collage L 4:00 Yoga AR 	19 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Activities Meeting AR 	20 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Tai-Chi AR 4:00 Yoga AR	21 10:15 Exercise AR Nikkie 2:00 Guess Who Trivia 3:00 Catholic Mass MR 
22 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 	23 9:30 Current Events AR 10:15 Body Blast AR 2:00 Piano Recital AR With Rebecca Mclean AR 	24 10:15 Define Gravity AR 2:00 Birthday Party AR 	25 10:15 Body Flow AR 2:00 Danielle Hendrix AR Greatest Hits 4:00 Yoga AR 	26 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Talent Show AR 	27 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Falling Star Music Performance AR	28 10:00 Exercise AR Nikkie 2:00 Afternoon Movie 3:00 Catholic Mass MR 
29 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 	30 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 1:30 Food Committee DR 2:00 Price is Right AR 3:00 Movie Request AR	31 10:15 Define Gravity AR 2:00 Resident Council AR 3:00 Spanish Club L 	TRIPS EVERY WEDNESDAY 	HAIR SALON EVERY THURSDAY ON LEVEL C 	AR - ACTIVITY ROOM L - LIBRARY MR - MEDITATION ROOM	ASK ALEXA FOR UPDATE TO DATE CALENDAR INFORMATION