


















# APRIL 2018



## Sun Mon Tue Wed Thu Fri Sat

<b>1 Easter</b> 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Easter Celebration 	<b>2</b> 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Word Play AR 3:00 Weekly Movie Request AR	<b>3</b> 10:15 Define Gravity AR 2:00 Land of Fire & Ice Dr. Eve AR 3:00 Piano Tunes w/ Larry AR 	<b>4</b> 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Afternoon Series Nikkie & Bernie 4:00 Yoga AR 	<b>5</b> 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Flea Market AR 	<b>6</b> 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Tai- Chi AR 3:00 Spanish Class L 4:00 Yoga AR 	<b>7</b> 10:15 Exercise 11:00 Pet Therapy 2:00 Movie Matinee 3:00 Catholic Mass 
<b>8</b> 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 	<b>9</b> 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Karaoke AR 3:00 Weekly Movie Request AR	<b>10</b> 10:15 Define Gravity AR 2:00 Outreach Singers 2:00 Abstract Art Class L 	<b>11</b> 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Shigemasa Nakano Opera Performance 4:00 Yoga AR 	<b>12</b> 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Health Club AR Fruit Salad 3:00 News & Views Priscilla L 	<b>13</b> 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Reuben Wilson Jazz Quartet AR 2:00 Book Club L 	<b>14</b> 10:15 Zumba w/Frances 2:00 N.Y.Cares Variety Day 3:00 Catholic Mass 
<b>15</b> 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 	<b>16</b> 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Therapy Discussion 3:00 Weekly Movie Request AR	<b>17</b> 10:15 Define Gravity AR 2:00 Activities Meeting 3:00 Spanish Club L 7:15 N.Y City Bar Chorus 	<b>18</b> 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Names & Numbers Nikkie & Bernie L 4:00 Yoga AR 	<b>19</b> 10:15 DM'S Body Pump 1:30 Rosary AR 2:00 Ice Cream Social 3:00 News & Views Priscilla L 	<b>20</b> 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Tai- Chi AR 3:00 Spanish Class L 4:00 Yoga AR 	<b>21</b> 10:15 Exercise 11:00 Pet Therapy 2:00 Cathedral School Music Performance 3:00 Catholic Mass 
<b>22 PASSOVER</b> 9:45 Communion MR 10:15 Exercise AR 2:00 Cherub Improv AR 3:00 Pet Therapy AR 	<b>23</b> 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Meditation Circle 3:00 Weekly Movie Request AR	<b>24</b> 10:15 Define Gravity AR 2:00 Resident Council Meeting AR 3:00 Spanish Club L 	<b>25</b> 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Let's Write Poetry w/ Nikkie L 2:00 Danielle Hendrix 4:00 Yoga AR 	<b>26</b> 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Birthday Party AR 3:00 News & Views Priscilla L 	<b>27</b> 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Classic Sing Along With Christine Bergland 	<b>28</b> 10:15 Gone Fishing Crafts 2:00 Act it out Improv Skit 3:00 Catholic Mass 
<b>29</b> 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 	<b>30</b> 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Penny Auction AR 	<b>Happy Passover</b> 	<b>ACTIVITIES MEETING            APRIL 17 AT 2PM IN            THE ACTIVITY ROOM</b> 	<b>TRIPS EVERY            WEDNESDAY</b> 	<b>ALL PROGRAMS            ARE SUBJECT            TO CHANGE</b>	