
























FEBRUARY 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
HAIR SALON EVERY THURSDAY ON LEVEL C 	NAIL SALON EVERY WEDNESDAY ON LEVEL C 	TRIPS EVERY WEDNESDAY 	ALL PROGRAMS ARE SUBJECT TO CHANGE AR—ACTIVITY ROOM L— LIBRARY MR- MEDITAION ROOM	1 GROUNDHOG DAY 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Karaoke AR 	2 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Tai- Chi AR 4:00 Yoga AR	3 10:15 Exercise AR Nikkie 11:00 Pet Therapy AR 2:00 Senior Prom AR 3:00 Catholic Mass MR 
4 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 	5 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Healthy Snacks AR w/David 3:00 Spanish Club L Noemi	6 10:15 Define Gravity AR 2:00 Autobiography L 2:00 Outreach Singers 3:00 Piano Tunes w/ Larry AR 	7 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Music Performance 4:00 Yoga AR 	8 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Where in the World Trivia Game AR 3:00 News & Views Priscilla L	9 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Reuben Wilson Jazz Quartet AR 4:00 Yoga AR	10 10:15 Zumba Class AR 11:00 Pet Therapy AR 2:00 N.Y.Cares AR Variety Day 3:00 Catholic Mass MR 
11 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 	12 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Jeopardy AR 3:00 Spanish Club L Noemi	13 Mari Gras 10:15 Define Gravity AR 2:00 Mari Gras Party AR 	14 ASH WEDNESDAY VALENTINES DAY 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Sock Hop AR 4:00 Yoga AR 	15 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Ice Cream Social 3:00 News & Views Priscilla L 	16 Chinese New Year 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Tai- Chi AR 4:00 Yoga AR	17 10:15 Exercise AR David 2:00 Afternoon Movie 3:00 Catholic Mass MR 
18 9:45 Communion MR 10:15 Exercise AR Noemi 2:00 Bingo AR 	19 Presidents Day 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 2:00 Therapy Discussion 3:00 Spanish Club L Noemi	20 10:15 Define Gravity AR 2:00 Birthday Party AR w/ Angela 	21 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Poetry Club L 2:00 Danielle Hendrix 4:00 Yoga AR 	22 10:15 DM'S Body Pump 1:30 Rosary MR 2:00 Family Feud Trivia AR 3:00 News & Views Priscilla L	23 9:30 Ball Toss AR 10:15 Stretch It AR 11:00 Get To Know Your Body AR 2:00 Falling on The Star Music Performance 2:00 Book Club L 4:00 Yoga AR 	24 10:15 Exercise AR Nikkie 2:00 Gospel Singing AR W/ Jerry & Eva 3:00 Catholic Mass MR 
25 9:45 Communion MR 10:15 Exercise AR 2:00 Cherub Improv AR 3:00 Pet Therapy AR 	26 9:30 Ball Toss AR 10:15 Body Blast AR 11:00 Get To Know Your Body AR 1:30 Food Committee DR 2:00 Price is Right AR 3:00 Spanish Club L Noemi	27 10:15 Define Gravity AR 2:00 Resident Council Meeting AR 	28 9:30 Ball Toss AR 10:15 Body Flow AR 2:00 Drama Club L 2:00 Danielle Hendrix 4:00 Yoga AR 