

DECEMBER 2017



Sun Mon Tue Wed Thu Fri Sat

ALL PROGRAMS ARE SUBJECT TO CHANGE

Merry Christmas

HAPPY HANUKKAH

1
 9:30 Ball Toss AR
 10:15 Let's Get Physical AR
 11:00 Get To Know Your Body AR
 2:00 Tai- Chi AR
 4:00 Yoga AR

2
 10:15 Exercise AR
 Nikkie AR
 2:00 Movie Matinee AR
 3:00 Catholic Mass MR

3
 9:45 Communion MR
 10:15 Exercise AR
 Noemi
 2:00 Young Talented AR
 Youth Performance

4
 9:30 Ball Toss AR
 10:15 Cardio Blast AR
 11:00 Get To Know Your Body AR
 2:00 Healthy Snacks David AR
 3:00 Spanish Club L

5
 10:15 Balance Coordination AR
 2:00 Tree Lighting Lobby
 3:00 Music Performance AR

6
 10:00 Arts & Crafts With N.Y. Cares AR
 2:00 Shake it off AR
 4:00 Yoga AR

7
 10:15 Balance Coordination AR
 11:00 Flea Market AR
 1:30 Rosary MR
 6:00 Family Holiday Party DR

8
 9:30 Ball Toss AR
 10:15 Let's Get Physical AR
 11:00 Get To Know Your Body AR
 2:00 Reuben Wilson Jazz Quartet AR
 4:00 Yoga AR

9
 10:15 Zumba w/Frances AR
 2:00 N.Y. Cares Variety Day AR
 3:00 Catholic Mass MR

10
 9:45 Communion MR
 10:15 Exercise AR
 2:00 Trivia AR
 3:00 We Sing For The World AR

11
 9:30 Ball Toss AR
 10:15 Cardio Blast AR
 11:00 Get To Know Your Body AR
 2:00 Facercise AR
 3:00 Spanish Club L

12 HANUKKAH
 10:15 Balance Coordination AR
 2:00 Outreach Singers w/ Larry AR
 3:00 Piano Tunes AR
 4:00 Lighting of the Menorah Lobby

13
 9:30 Ball Toss AR
 10:15 Let's Get Physical AR
 11:00 Get To Know Your Body AR
 2:00 Shake it off AR
 4:00 Yoga AR
 4:00 Lighting of the Menorah Lobby

14
 10:15 Balance Coordination AR
 2:00 Ice Cream Social AR
 4:00 Lighting of the Menorah Lobby

15
 9:30 Ball Toss AR
 10:15 Let's Get Physical AR
 2:00 Steve Poppel Chamber Music AR
 4:00 Yoga AR
 4:00 Lighting of the Menorah Lobby

16
 10:15 Exercise AR
 Nikkie
 2:00 92 School Performance AR
 2:30 Hanukkah Service L
 3:00 Catholic Mass MR
 4:00 Lighting of the Menorah Lobby

17
 9:45 Communion MR
 10:15 Exercise AR
 Noemi
 2:00 Cherub Improv AR
 3:00 Cathedral School Performance AR
 4:00 Lighting of the Menorah Lobby

18
 9:30 Ball Toss AR
 10:15 Cardio Blast AR
 11:00 Get To Know Your Body AR
 2:00 Crafts & Crochet w/ Carmen & Julia AR
 4:00 Lighting of the Menorah Lobby

19
 10:15 Balance Coordination AR
 2:00 Autobiography Dr. Eve AR
 4:00 Lighting of the Menorah Lobby

20
 9:30 Ball Toss AR
 10:15 Let's Get Physical AR
 11:00 Get To Know Your Body AR
 2:00 Danielle Hendrix AR
 4:00 Yoga AR

21 WINTER
 10:15 Balance Coordination AR
 2:00 Gift Giving AR

22
 10:15 Let's Get Physical AR
 11:00 Get To Know Your Body AR
 2:00 Christmas Carols AR

23
 10:15 Exercise AR
 Nikkie
 2:00 Gospel Singing W/ Jerry & Eva AR
 3:00 Catholic Mass MR

24 CHRISTMAS EVE
 9:45 Communion MR
 10:15 Exercise AR
 2:00 High Stakes Bingo

31 NEW YEARS EVE
 9:45 Communion MR
 10:15 Exercise AR
 2:00 Music Performance

25 CHRISTMAS
 10:15 Exercise AR
 2:00 Christmas Story Movie AR

26 KWANZAA
 10:15 Balance Coordination AR
 1:30 Food Committee DR
 2:00 Resident Council Meeting AR

27
 9:30 Ball Toss AR
 10:15 Let's Get Physical AR
 2:00 Book Club AR
 2:00 Danielle Hendrix AR
 4:00 Yoga AR

28
 10:15 Exercise AR
 Noemi
 2:00 Birthday Party AR

29
 9:30 Ball Toss AR
 10:15 Let's Get Physical AR
 11:00 Get To Know Your Body AR
 2:00 Tai- Chi AR
 4:00 Yoga AR

30
 10:15 Exercise AR
 Nikkie
 2:00 Movie Matinee AR
 3:00 Catholic Mass MR