

AUGUST 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>ALL PROGRAMS ARE SUBJECT TO CHANGE</p>	<p>AR - ACTIVITY ROOM L - LIBRARY M-MEDITATION ROOM</p>	<p>1 10:15 Balance Coordination AR 2:00 Shake It Off w/ David AR 3:00 Piano Tunes w/ Larry AR</p>	<p>2 9:30 Ball Toss AR 10:15 Let's Get Physical AR 11:00 Get To Know Your Body AR 2:00 Table Games AR 3:00 Learn Spanish L Alice</p>	<p>3 10:15 Balance Coordination AR 1:30 Rosary MR 2:00 Fuel & Fitness AR Discussion 2:00 Drama Club L</p> <p>Drama Club</p>	<p>4 9:30 Ball Toss AR 10:15 Let's Get Physical AR 11:00 Get To Know Your Body AR 2:00 Tai- Chi AR 3:00 Pet Therapy w/ Hudson</p>	<p>5 10:00 Walk with N.Y. Cares Lobby 10:15 Exercise Nikkie AR 2:00 Movie Matinee AR 3:00 Catholic Mass MR</p> <p>+</p>
<p>6 9:45 Communion MR 10:15 Exercise Noemi AR 2:00 Bingo AR</p> <p>BINGO</p>	<p>7 9:30 Ball Toss AR 10:15 Cardio Blast AR 11:00 Get To Know Your Body AR 2:00 Music & Movement AR 3:00 Spanish Club L</p>	<p>8 10:15 Balance Coordination AR 2:00 Outreach Singers AR 2:00 Creative Art L Nikkie 3:00 Piano Tunes w/ Larry AR</p>	<p>9 9:30 Ball Toss AR 10:15 Let's Get Physical AR 11:00 Get To Know Your Body AR 2:00 Shake It Off AR 3:00 Learn Spanish L Alice</p>	<p>10 10:15 Balance Coordination AR 1:30 Rosary MR 2:00 Bingo AR 2:00 Drama Club L</p> <p>Drama Club</p>	<p>11 9:30 Ball Toss AR 10:15 Let's Get Physical AR 11:00 Get To Know Your Body AR 2:00 Reuben Wilson Jazz Quartet AR</p>	<p>12 10:15 Zumba w/Frances AR 2:00 N.Y.Cares AR Variety Day 3:00 Catholic Mass MR</p> <p>+</p>
<p>13 9:45 Communion MR 10:15 Exercise Noemi AR 2:00 Bingo AR</p> <p>BINGO</p>	<p>14 9:30 Ball Toss AR 10:15 Cardio Blast AR 11:00 Get To Know Your Body AR 2:00 Crafts & Crochet w/ Carmen & Julia AR 3:00 Spanish Club L</p>	<p>15 10:15 Balance Coordination AR 2:00 Discussion w/ Dr. Eve AR 2:00 Drama Club L</p> <p>DISCUSSION</p>	<p>16 9:30 Ball Toss AR 10:15 Let's Get Physical AR 11:00 Get To Know Your Body AR 2:00 Sing Alongs AR 3:00 Learn Spanish L Alice</p>	<p>17 10:15 Balance Coordination AR 1:30 Rosary MR 2:00 Flea Market AR</p> <p>FLEA MARKET</p>	<p>18 9:30 Ball Toss AR 10:15 Let's Get Physical AR 11:00 Get To Know Your Body AR 2:00 Tai- Chi AR 3:00 Pet Therapy w/ Hudson AR</p>	<p>19 10:15 Exercise Nikkie AR 2:00 Make Your Own Sundaes Garden AR 3:00 Catholic Mass MR</p> <p>+</p>
<p>20 9:45 Communion MR 10:15 Exercise Noemi AR 2:00 Cherub Improv AR</p> <p>Cherub Improv</p>	<p>21 9:30 Ball Toss AR 10:15 Cardio Blast AR 11:00 Get To Know Your Body AR 2:00 "Name 5" AR Trivia Game 3:00 Crafts & Crochet w/ Carmen & Julia AR</p>	<p>22 10:15 Balance Coordination AR 2:00 Masquerade Party</p> <p>MASQUERADE PARTY</p>	<p>23 9:30 Ball Toss AR 10:15 Let's Get Physical AR 11:00 Get To Know Your Body AR 2:00 Danielle Hendrix AR 3:00 Learn Spanish L Alice</p>	<p>24 10:15 Balance Coordination AR 1:30 Rosary MR 2:00 Afternoon Smoothies AR</p> <p>AFTERNOON SMOOTHIES</p>	<p>25 9:30 Ball Toss AR 10:15 Let's Get Physical AR 11:00 Get To Know Your Body AR 2:00 Music AR Performance</p>	<p>26 10:15 Exercise Nikkie AR 2:00 Chess/ Cards & Games AR 3:00 Catholic Mass MR</p> <p>+</p>
<p>27 9:45 Communion MR 10:15 Exercise Noemi AR 2:00 Bingo AR</p> <p>BINGO</p>	<p>28 9:30 Ball Toss AR 10:15 Cardio Blast AR 11:00 Get To Know Your Body AR 2:00 Price is Right AR 3:00 Crafts/Crochet</p>	<p>29 10:15 Balance Coordination AR 2:00 Resident Council Meeting AR</p> <p>RESIDENT COUNCIL MEETING</p>	<p>30 9:30 Ball Toss AR 10:15 Let's Get Physical AR 11:00 Get To Know Your Body AR 2:00 Danielle Hendrix AR 2:00 Book Club L 3:00 Learn Spanish L</p>	<p>31 10:15 Balance Coordination AR 1:30 Rosary MR 2:00 Birthday Party AR</p> <p>BIRTHDAY PARTY</p>	<p>TRIPS EVERY WEDNESDAY</p> <p>TRIP</p>	<p>SUNFLOWER</p>